




712 SUMMIT AVE, OCONOMOWOC
(262) 226-2006 | OFMINDWELLNESS.COM

COFFEE & COOKIES GROUP



AN OPEN THERAPY GROUP FOR
CLIENTS 65+ TO CONNECT, COPE
SUCCESSFULLY WITH LIFE
TRANSITIONS, AND MANAGE
NEGATIVE EMOTIONS

EVERY OTHER WEDNESDAY 9:00-10:30AM
BEGINNING JAN 8, 2025
GROUP COVERED BY MOST INSURANCE
COMPANIES

CONTACT KRISTINA AT
KRISTINA.STAMM@OFMINDWELLNESS.COM
OR 262-649-5757 TO SIGN UP

